

### <u>Upcoming</u> <u>Services</u>

All
Services
will be
online.
Please see
page 8 for
details.

Please Enjoy!



### The New Wine

From the Bishop: Easter can never be cancelled

My favorite Easter services are at dawn in a cemetery. The first Easter as a pastor at one of my churches, they had an eight o'clock in the morning service at the church that seemed a little anticlimactic. But the reason it was at this earlier time was because a pancake breakfast was held right after the service.

The next year, I suggested that we go to Lakeview Cemetery, a huge, beautiful cemetery in Cleveland that is the home to President James A. Garfield's memorial tomb and a chapel with a spectacular view from any window. The cemetery was originally intended for the wealthy on the near east side of Cleveland, but over the years that changed. I conducted many burials there during the 25 years I was in the Cleveland area and I loved to drive through it afterward to see the nicely manicured plots and landscaping.

After it was announced that the sunrise service would be held at Lakeview, some were excited about doing something a little different. However, there was a particular group in the church whose refrain was "Why do you seek the living among the dead?" I explained that the cemetery is where it's hardest to affirm our faith in the resurrection of Jesus Christ—let's go there!

Fortunately (for me and my idea), Easter morning dawned with 60-70 degree weather. People came in T- shirts at the end of March! The cars began to roll in, one after another after another. Everyone came out to see just what this service would be! The next year they were begging to do it again! Over the years, we added full bell choirs, vocal ensembles, and eventually invited other churches to join us. Last I knew (probably not this year), it was still going after all this time! I don't want to go to a cemetery this year. If not resulting in death itself, the effects of the pandemic are all around us. Normally congested areas in the city are like ghost towns, if not cemeteries. We need to affirm our faith in the resurrection of Jesus Christ.

But even though we don't know what the "shelter in place" order will be beyond April 7, we dare not gather together in worship on Easter Sunday. There are a variety of wide-ranging statements about when people can come back together again, but all diagrams for "flattening the curve" would suggest that Easter Sunday is way too soon to gather in our churches. So I am suspending all worship services in the Northern Illinois Conference until further notice. I do not want people to get sick from going to church, Easter or not.

In extraordinary times like these, Easter—that ultimate experience and expression of our faith—can NEVER truly be cancelled, just as it has never been cancelled during other difficult times throughout the centuries. Our very creative and innovative clergy and laity, at the time of this writing, are already working on offering meaningful worship services via whatever technological means to the context of each congregation.

Our Easter celebration may be a little more subdued this year, but when we are able to gather together again in our congregations, what a great celebration we will have to give thanks and recognize that "we are yet alive"! And we can reach out to all those who "view" our online worship services and invite them to our celebration. I look forward to it along with you as we affirm our faith after a difficult time, singing:

Christ the Lord is risen today, Earth and heaven in chorus say, Raise your joys and triumphs high, Sing ye heavens, and earth reply, Alleluia! Alleluia! (Charles Wesley, UM hymnal #302)

Bishop Sally Dyck

### Thank You Open Pantry Volunteers

Thank you to our volunteers Dale, Mary, Carolyn, and Margaret who have served almost 100 families in April, up almost 20 families due to the covid-19 pandemic.

Thank you to our volunteer's and everyone who is donating food items and monetary gifts.





#### **Thank You**

Thank you to Troop 75226 for making 42 Birthday Bags for the children of our Open Pantry!

Each bag contains a pan, cake mix, frosting, streamers and candles. Some bags have party hats, plates, and balloons!

A big thank you to everyone who helps support our Open Pantry!

#### **OPEN PANTRY NEWS**

Volunteers are needed to stock shelves for the Open Pantry. Hours are on Monday mornings from 9:30-11:00, this is light work.

The Open Pantry is in need of bakes beans, pork and beans, peanut butter, jelly, and toilet paper.



### **Scrip Checks**

If you purchase Scrip cards please put your check in the red box located at the back of the sanctuary.

Also, the following Scrip cards are available for purchase in the office:

15 - Starbucks 5.00

25 - Panera 5.00

6 - Coldstone 5.00

9 - Home Depot 10.00

10 - Applebee's 10.00

18 - Taco Bell 5.00



If you would like to purchase any of these cards please contact the church office.

### Praising God Amid Coronavirus

We've been reaching out to more people thru our online service. Our Easter service reached 241 people! Thank you for our musicians, worship committee, all who are involved in our online services. We are not going to produce our online videos in church because of the Bishops and States guidelines. Pastor and musicians will produce videos from home.

All Sunday services will be online on facebook at: facebook.com/LemontUMC, on our website at: Lemont United Methodist Church online service and you tube.

Online Service DVDs are available.

Please continue to share and enjoy our online services!

#### Dear LUMC Family,

Stay Strong! We'll be back together before too much longer. I miss you all! Keep a song in your heart. Thanks for all that you do.

Love and Prayers, Joan Makinney

Enclosed find \$50.00 for the food pantry. Praying for all of you out in the field working to make life happier for others. This is a donation to the Food Pantry. Thank you for the awesome work that the Methodist Church is doing.

#### Monica Prissla

Reverend Hyo Sun Oh and Congregation Members,

I participated in your online Holy week services at the invitation of your member Lynne Vavra. She knew I would benefit from spiritual nourishment at this stressful time without having a church of my own. I found comfort and solace in your services and I knew this was a renewal of my faith, not merely a way in which to pass time. Special acknowledgement to Leslie and Phil Ramos and the other members who contributed their talents through voice, illustration and music.

With warm regards and appreciation, Cheryl Huesing

#### **Still Ordering Scrip Cards**

Miss you all very much. Just wanted everyone to know that I will continue to order Scrip as needed. I just placed an order to replenish our open pantry Jewel cards and didn't send out my usual blast because I did not want to bother anyone, but it has come to my attention that there is still interest even in these trying days. So I will continue with the blasts the next time we order which may be in about 5-6 wks. You can e-mail me at any time and I will hold your request till I order

Thank You all and Be Well! Marge

With HONE

### Red Bird Mission Trip Canceled

Due to Covid-19 we have decided to cancel our 2020 Red Bird Mission Trip.

We have also decided to donate \$1000 to the Red Bird Mission to help them with their expenses. If you would like to donate please contact the church office.

We will delay the trip to the same time in 2021.

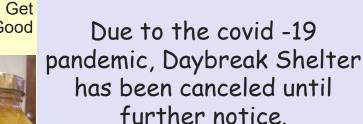


#### Citron Tea Fundraiser

Citron Tea is Back by Popular Demand! Get yours today for \$10, all proceeds go to the "Good Samaritan Fund".

Since Winter seems to be pretty much behind us, you may be thinking, I don't really need hot tea any longer, well I can tell you first hand this is not only an amazing Tea, I have personally used it in my pork roast dishes and it's also great for use in sautéing vegetables, especially carrots! Give it a try!

Please reach out to Marge Fox or Pastor Oh~



We will notify everyone when we are able to resume this mission.

Thank You

### DAYBREAK SHELTER



# We have online giving if you have a Smartphone!

- 1. If you are going to do ACH you will need your checking account number and routing number. If you are going to use your credit or debit card, you will need to have them available
- 2. Go to the App Store and search for Give+. "Get" it.
- 3. Once it's loaded, click on it. You will see the GIVEPLUS+ logo and Find your church to get started. You can type in 60439 or Lemont United Methodist church. Choose our church.
- 4. Create your account. Submit. The next time you pay online you will need this information to will sign in.
- 5. On the Give Now screen, upper right-hand corner, click the '+'
- 6. Choose your fund, (General Fund, Maintenance, Cap Improvements, etc.) choose your frequency, choose the date (I chose Monthly, April 15th so each month on the 15th it will automatically send money to the church) select amount or type it in
- 7. Hit Add
- 8. If you are giving to more than one account, click the '+' sign, pick your fund, choose frequency, and select amount
- 9. When you have completed your contribution, select next at the bottom of the screen
- 10. Choose your payment method and complete the required information
- 11. Select next. You will see a Donation Summary of your giving. Select "Complete Donation"
- 12. If you want to print the confirmation, to the bottom of the screen and select the box with the arrow and choose your delivery option

Online giving via your computer will be available soon.

If you have any questions, contact Peg Pecher at 847-204-1747

THANK YOU FOR YOUR DONATION!

### **Notes From The Angel Fish**

by Leslie Baker-Ramos

This morning I sit at my kitchen table much like I did last month, when I took a few moments to consider what to write to my fellow parishioners about the praise band music for the upcoming services. In just one short month, however, so much has changed, and we are all at home and finding new ways to be in communication and fellowship with one another-from a distance. As news started to escalate the week of March 11th, and it was rumored that Illinois would be implementing social distancing, the Praise band decided to invite any members who were able to come to our home for a socially distant session to record several songs for Pastor to use in online worship services. We were able to keep 6' apart for two days of recording, and let me tell you-my house has never been cleaner! It was so strange to not greet one another with hugs and handshakes, yet at the end of the two days, we felt even closer to one another and our church and for those two days, we felt our time together was quite necessary. We miss each and every one of you and look forward to the day we worship together once again, in our beautiful church on Custer Street.

### **VACATION BIBLE SCHOOL**

DUE TO THE
CORONAVIRUS,
VACATION BIBLE SCHOOL FOR
JUNE HAS BEEN CANCELED.

WE HOPE YOU WILL JOIN US FOR VACATION BIBLE SCHOOL SUMMER 2021.



### WE ARE THE CHURCH

#### By Phil Ramos



"A little while ago, the church held a Gratitude service where various individuals and ministries were recognized. There was a hand out at the service and was glancing at it and there were a lot of ministries listed. There were 44 of them! I had no idea. I started wondering what were these ministries, who heads them up, and what were they all about? Then I had a hunch that the rest of the congregation wondered the same thing. So I reached out to the leaders of the ministries and asked them the same set of questions and we are publishing their responses here in the New Wine. We plan to feature three or four ministries a month. You know some of them, but you do not know all of them. So, read about the fabulous things that the folks in these pews next to you do and make a decision ask additional questions and, to join in at least two of the ministries.

ARLENE KNOTT, Last Supper Ministry, March 1, 2020

How long have you headed up this ministry and when and how did you first get involved? One day I received a phone call from Barbara McDowell's care giver. She had a box to give me with all sorts of notes on being the director of The Last Supper. That was that. I was "the director." As to how I got to this point, Jane Ladd had asked from the pulpit for six or so volunteers to purchase materials and sew costumes for a one time play that was going to be put on for Good Friday. This will be 37 years for the play, since 1983), and with 15 years, since 2005, with me as the Director. Marty had a variac (a variable power supply useful for light dimming) so naturally I became

the lighting director too. Back in the day, each disciple came from his pew in the dark, said his words, and the lights were turned off. Then on to the next disciple.

**Tell a little about the ministry.** We bring the fantastic painting of Leonardo da Vinci's painting "The Last Supper" to life. We include moving music, thought provoking words, and we recreate the tableau.

What are some highlights or accomplishments? The play opens up our church to the town and other communities. Many letters are sent to our cluster churches inviting them to join us. There are so many people that come back year after year. As the audience files out of the church, happy, smiling, and full of compliments, we have enhanced their Lenten journey.

**What were the greatest challenges?** It is hard to get everything done on time. There are a lot of slots to fill for actors, music, and assistants for make-up, setup, child care, and publicizing.

What keeps you going in this ministry? I find it difficult to criticize because I am a very reserved person. I do get my point across though. Hey, I'm working with 13 men, come on! Honestly, it's become so important in my

church life. A year hasn't gone by that I haven't learned something. One man said that he was too young to play a disciple and I retorted "Carol Walter and her make-up artistry can make anyone look old." All the actors talk about every-day concerns at rehearsals and in preparation. When they file down the aisle though, they become their part. Even if they are joking around they refer to someone or themselves by their apostle's name and not their own.

What can people learn working with you in this ministry? There is so much talent in our church who sing, act, play music, and all the supporting work that gets done behind the scenes. I find that our church members are always trying to help out.

**Closing thoughts.** The play truly captures the mood of that fateful day depicted in da Vinci's "The Last Supper."



SEUNG WOO LEE, Skit Team, Jan 7

How long have you headed up this ministry and when and how did you first get involved? Back in 2000-2011, as I lived in Singapore, I was going to go to the Korean church where I attended youth group where we used to have mission trips to neighboring countries such as, Malaysia, Indonesia, Philippines, Thailand and even India, which is located far westward.

because Singapore is a center of East-Asian culture, it is a stable and well advanced country.

**Tell me a little bit about the ministry.** Most of our trips were short-mission trips at least once in a year, to a neighboring country. As each of the countries have their own language, we decided to put together a non-verbal skit to proclaim the gospel. Our plan was quite successful.

What are some of the highlights or accomplishments? When we saw that local people enjoyed the skit we prepared and they understood our message through the skit. We were very happy and felt a strong achievement.

What were the greatest challenges? Most places we visited were slums or remote places (deep jungles, islands, etc.) so the greatest challenge were logistics, travel, and the weather. Whenever we went on those trips, we strongly felt that the Holy Spirit walked with us and worked with us.

What keeps you going in this ministry? If you ask me that what keeps me going this? I want to spread God's good news through the skit



MARK HUEGELMANN, Christian Education and Discipleship, February 25, 2020

How long have you headed up this ministry and when and how did you first get involved? I'm currently the Sunday School Superintendent. Pastor Ann handled my wife's funeral eleven years ago. Afterwards I joined the church and pastor worked hard to get me more involved. Actually it was pretty easy because the congregation is wonderful. I discovered that our church has a bunch of ministries beside scouting. I am now the motor teacher at Happy Hands. That was because Julie Phillips talked me

into taking the job. I also attend classes at the Lay Servant Academy.

**Tell me a little about the ministry.** Then I started giving an occasional "talk" when the pastor was on a trip or away from the church. I also attend adult Sunday School. I guess one thing led to another.

What are some of the highlights or accomplishments? Our best accomplishment is our dedicated staff, and our successful V.B.S. held each summer. It's a highlight.

What is the greatest challenge? The Sunday School attendance is way too thin. We are frustrated because we cannot get more children to attend. That's the greatest challenge. Other churches in our area offer much more in the way of program, such as sports. We are looking at ways to recruit, and we are getting ready to look at a new curriculum.

What keeps you going in this ministry? You have to be optimistic, but you also have to know your limitations. I feel we do a great job with the Sunday School kids we have, but I also feel there must be a way to draw in new kids.

What can people learn working with you in this ministry? The real question is what can I learn from the people working here? The answer is a lot.

**Closing remarks.** All of my involvement with the church has made my life really meaningful. It seems that every day there is some "church thing" I have to do. And I look forward to doing whatever it is. I hope the church can weather the looming changes and can grow. Our spirituality needs to be shared.



Dale Janssen, Adult Sunday School and Small Groups, Jan 14, 2020

How long have you headed up these two ministries and when and how did you first get involved? In my mind, the two ministries are practically the same. The only difference is the time the studies are offered. I teach the Adult Sunday School class each Sunday between the two services. The Small Groups Ministry could be the same class offered at another time, such as evenings during Advent or Lent. I always talk to Pastor Oh about the books we are going to discuss and coordinate with her for Advent and Lenten Studies. I started teaching the Adult Sunday School class about three years ago when a new teacher was needed. I then led a small group Lenten study on Understanding the Bible. Pastor Oh was instrumental in getting me to agree to lead the

class and Lenten study. She can be very persuasive.

**Tell me a little bit about the ministry.** As Christians, we need to continue to grow in our faith and gain a better understanding of our beliefs. There are many Christian denominations that strongly disagree on many theological issues. We read the same Bible, so why don't Methodists, Lutherans, or Baptists all agree? God gave us free will and we all interpret information through our own lens of knowledge, prejudice, and experience. Studying the Bible and how we interpret it's passages will help us understand our beliefs strengthen our relationship with God.

What are some of the highlights or accomplishments? I'm interested in how our religion relates to societal issues. We did a study on what the Bible says about homosexuality and are currently discussing immigration.

What were the greatest challenges? I would like to increase the attendance at these studies. Everyone has a busy schedule, but if our religion really is important to us, then we have to take the time to grow and learn.

What keeps you going in this ministry? I believe that Christianity has been hijacked by a small group of people, who in my opinion, say they love Jesus while rejecting everything He taught. They claim to have all the answers. I know I don't have all the answers, however; by participating in a Bible study, we can all better understand the theology we base our opinions on.

What can people learn working with you in this ministry? At the completion of a study, we don't all have the same conclusions or opinions. Hopefully, everyone does have a respect for others in the class even if they don't share the same opinion. Everyone is entitled to their own opinion, but it also should be an informed opinion.

**Closing remarks.** Please give it a try. Come to the Sunday School class, an Advent study, or Lenten study lead by Pastor Oh or myself. You will grow as a Christian, not because of who is leading it, but because you are making the effort to increase your understanding.

### Happy Hands Preschool

### Learning at Home

As we are directed to "Shelter in Place," Happy Hands students face the unique challenge of learning at home. Happy Hands has provided take-home packets that included the daily worksheets, materials, and recommendations for the students to continue their academic growth. Teachers are reaching out to their students through Zoom gatherings, private Facebook groups, and individual calls, cards, and texts. We

have also put together videos, which we are sending out daily. These videos range from academics, experiments, movement, and simply fun. The response has been very positive! Children are excited to be able to continue doing their work, connecting with their classmates, seeing their teachers, and following along with the videos. The picture shows a 3-year-old stretching with Mr. H (who she said is just as silly on video as he is in class). As we head into May, we are gearing up for more of he same with a positive attitude. Exploring the silver lining with the teachers, a common theme was gratitude for the slower pace, more time to spend with family, and learning new things. These might be unusual time but we are still learning and connecting!



### \*\*\*\*Scrip Cards\*\*\*\*

I encourage you to look at the 2 folders I recently placed in the back of the church marked: SCRIP by Category and SCRIP Alphabetical. Feel



free to take the list and browse through the many many retailers that participate in this program.

Scrip fundraising is a no-selling program that enables families to raise money for their non-profit organization (NPO). Scrip is just another way to pay for everyday purchases using gift cards in place of cash, checks, and credit cards.

You purchase gift cards from your organization at face value, and your coordinator orders those cards from Great Lakes Scrip Center at a reduced price. The difference is an instant rebate for your organization. It's really that simple!

Great Lakes Scrip Center offers over 300 of the country's biggest brands, including grocery, department stores, gas stations, restaurants, hotels, home improvement, and more. Just by using scrip to pay for your normal weekly purchases, you can easily raise \$500 or more per year. It's time to put your shopping dollars to work!

Customize this field with coordinator contact info, enrollment code, and/or sign-up information.



Also please know that **VISA** cards are available in increments of \$50, \$100, and \$250. There are many retailers that offer "**Visa five back**" which means if you go to a participating retailer, they will put 5% of your purchase back on your card.

Red Lobster, Outback, Panera, Sephora, Red Robin, Old Navy and Bakers Square are just a few. For many more please visit <a href="https://www.fivebackgift.com">www.fivebackgift.com</a> for a complete list

Again, I Thank You for your participation in this program!

#### **LUMC Women's Book Club**

Stay tuned for new books to read in 2020!

This group meets at Margaret Flynn's house.



### **Open Pantry**

Starting in March we began collecting food donations from our own church family for the Open Pantry. We will continuously do this the 1st **Sunday** of every month.

Thank You!

### **Finance Committee**

General Fund beginning balance: \$ 27,659.91

Receipts: 10,114.74

Disbursements: -16,546.98

General Fund ending balance: \$ 22,727.67

### 2020 Graduates

We will honor 2020 graduates when regular church services resume. If you have a graduate, 8th grade, high school, or college, please send their name and school. If they are graduating from high school please send the college they will be attending and what they will be studying. If they are

graduating from college please send the college they graduated from. Please send a picture of all graduates to share with our church family.

Congrats Graduates!



### Tentative Dates Set for General Conference

The Council of Bishops disclosed a proposal that would push back General Conference more than a year and four months after the lawmaking assembly was originally scheduled. After the COVID-19 pandemic caused postponement, the new prospective dates for The United Methodist Church's General Conference are Aug. 31-Sept. 10, 2021.

The Council of Bishops disclosed the proposed dates, including a Council of Bishops meeting starting Aug. 26, in an email to its members and other church leaders. **Click to read** more from United Methodist News Service.



Rev. Young Seon (Christina) Kim welcomes young leaders and preachers who visited the school construction site to bring a donation and pray together. Construction crews work on installing the roof on the Global Mission Secondary School in March. The Global Mission Secondary School with The United Methodist Church in Tanzania is the recipient of the 2020 Annual Conference Bishop's Appeal.

Donations will help complete the second phase of construction on the co-ed boarding school for children ages 13-18.

NIC Elder and Global Missionary Rev. Young Seon (Christina) Kim is the project director. The school has been her vision and dream to give boys and girls in Tanzania the opportunity of an education. Rev. Kim seeks prayers for the country of Tanzania. The government confirmed its first case of coronavirus on March 19.

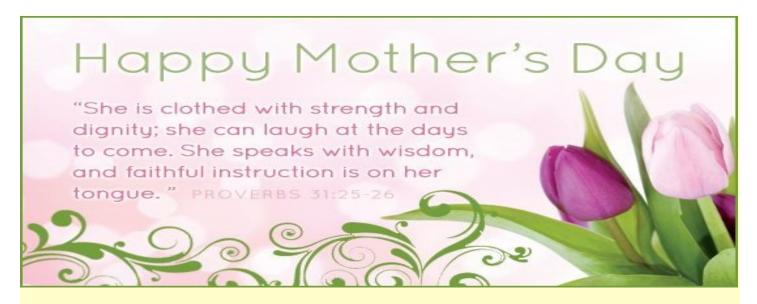
Schools are closed for 30 days. Rev. Kim says Tanzania has no healthcare system or health workers to deal with this pandemic.

She says if the virus spreads, it will be chaotic, and many will die without any medical treatment.

Meanwhile, construction on the missionary school continues. Crews are working on roofing and racing to finish before the rainy season comes. "Don't worry about me. I am not panicked and have no fear. I have peace and hope in Christ. Let us pray together for God's grace and mercy," said Rev. Kim. Words of encouragement may be sent to Christina at yskim1023@gmail.com.

To learn more and how to donate, visit umcnic.org/bishopsappea





Dwayne Jackson, Annual Conference Risk Management Director, has instructed us that no one should be allowed access to the building, except food pantry volunteers and the pastor.

We need to have a weekly safety inspection of the building. The inspection should be conducted by 2 people and is advised to be in the evening hours. We should inspect to make sure all doors are locked and to insure that no vandalism has taken place. We need to create a record of the inspections that could be reviewed later by authorities.

Jana and I will take the shifts during the weeks in May, since we will be gone for much of the summer. We will need teams of volunteers to do the night inspections in the future weeks.

Please email Amy to volunteer and she will create a list of the volunteer teams of inspection. Jana and I will provide a clip board in the Trustee mailbox that inspection teams can sign before leaving.

Bill Stelter, Trustee Chair

### **Grieving Support Group**

Grieving Support Group been postponed due to covid-19. Pastor is planning to have a zoom Grieving Support meeting.

We will keep you posted.



### **Mental Health Resources in Times of Crisis**

By Rev. Cheryl Magrini, NIC Committee on Accessibility Ministries



This coronavirus pandemic and social distancing restrictions may be causing increased feelings of anxiety, loneliness, isolation, and other fears for some. The NIC Committee on Accessibility Ministries asks pastors and caregivers: How are you taking care of yourself in the midst of caring for others at this time? First, pace yourself. Second, be your own best friend. Many 12-step groups and in-person support groups have suspended meetings. Some are offering online options via a live support group, meeting or a community forum.

#### Here are some mental health support resources:

- Illinois Call4Calm Text Line: If you or a loved one are struggling with stress related to the COVID-19 pandemic and need emotional support, text TALK to 552020 for English or HABLAR for Spanish. This service is free and available 24 hours a day, seven days a week. People seeking assistance will remain anonymous and will provide only their first name and zip code, which enables the service to link you to a counselor in your area who is knowledgeable about available local resources.
- Illinois Warm Line: If you or one of you family members has mental health and/or substance use challenges and would like to receive support by phone, call the Illinois Warm Line at 866-359-7953. Wellness Support Specialists are professionals who have experienced mental health and/or substance use recovery in their own lives. They are trained in recovery support, mentoring, and advocacy and are ready to listen and support you. The Warm Line is not a crisis hotline but is a source of support as you recover or help a family member to recover. Hours of Operation: Monday through Friday, 8 am-5 pm except holidays.

- National Suicide Prevention Hotline (24 hour): If you are having thoughts of self-harm or suicide call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).
- National Alliance on Mental Illness (NAMI) Help Line: 800-950-NAMI (6264) or email info@nami.org. Crisis text line: type NAMI 741741. For an in-depth COVID-19 guide with tips and resources visit nami.org.
- **Depression and Bipolar Support Alliance:** Find support at dbsalliance.org and click on "support".
- Mental Health America online community forums: inspire.com/groups/mental-health-america.
- American Foundation for Suicide Prevention information and resources for a positive message afsp.org/campaigns/covid-19
  - Alcoholics Anonymous online meetings via Skype aaonlinemeeting.net
- **Rosecrance:** Thanks to the challenge of social distancing, Rosecrance has created a virtual community online for outpatient counseling, family counseling for residential clients, family visits with loved ones in our residential sites, and alumni support. Click here for more information or call 888-928-5278.

#### Self-care strategies for you:

- Remember to eat. Plan enough time for grocery shopping so you will not be rushed. Buy healthy greens, fruit, and protein that will last several days.
- Have a healthy sleep routine. Keep paper nearby to write down thoughts that are keeping you awake and let them go. Even if you think you need less than eight hours of sleep, your cells, cognitive functioning and body systems will thank you for getting enough sleep. Turn off Netflix and the phone.
- Reach out. Worry, anxiety, stress, depression and thoughts of self-harm intensify when held inside. Identify with whom you can talk, how to communicate via online, phone, texting. Keep resource numbers with you.
- Breathe deeply. Spend five to ten minutes in focused slow deep breathing and muscle relaxation in the morning, before sleeping, and in the moment when stressed or anxious.
  - Ration media. Stay informed but do not obsess.
- Just move. Get outside. Take stretch breaks throughout the day. Walk in place. Praying for God's strength with and within you each moment.

### Handyman Help

If there is anyone in our church who may occasionally need help with household repairs, basic maintenance, or grass cutting, Tom Gebel has offered to help. His number is 312-438-5605.



#### **ESL Tutoring**

Kay Norfleet has graciously offered to teach English as a second language to anyone in need.

If you are interested, you can contact her at 630-257-6699.

### **Crossing A Border**

By Phil Ramos

I was stationed in Germany the early and mid 70's and I traveled some. This was way before the European Union and the borders were not open and there was no common currency. Crossing a border on a train was interesting. You're rolling along, looking out at the changing landscape, chatting, and rocking to the rhythm of the rails and then the train slows and comes to a halt in an open space at the border. The Customs agents board the train and ask for your identification papers. Behind them, a "cashier" boards and offers to buy your currency from the country you are exiting with that from the entering country's currency, German Marks for Dutch Guilders, or French Francs for Italian Lira.

The Covide-19 pandemic represents a border. We have stopped in an open space and had to resort things. As we change the way we shop, the way we work, the way the kids go to school, the way we attend church and the way we social distance, it is very much like changing the money that is in our purse as we start to do so many things differently. The value in our cash was once so very familiar, and we now simply hand it over at this border and accept some new currency that looks and feels funny and we're not sure what the value of each of these coins is. Then there is the exchange rate where a quart of milk was one Mark is now 2 Guilders or 37 Francs or 115 Lira. So when we go to the store now with so much empty shelf space, we don't look at the price we just look at the availability. If that's not enough, we have to change our language from German to Dutch or French or Italian as we incorporate sanitizers, shelter-in-place, testing, masks, and social distancing. So similar to all of the changes that we have had make in our lives.

The custom agents and the cashier have left and the train starts rolling again. The first thing we did was we validated our selves by showing our papers at the border. Our faith in God is our papers and we put them back in our purses along with the new currency. Together, we will continue to believe that a light will shine and illuminate our way, even if its just the limited view out our train window. We are equipped with a new currency for a new reality. We will not be commuting to work, we will not be meeting in person for worship, we will not be attending large gatherings, but we will telework, use social media to connect, and we will call each other. We all boarded this train at different places and we are all bound for different destinations, but right now, we are all on this train together.

Think of ways that you can help those in need, how you might motivate others that are down right now, and what ministries you could help with to keep our church strong in this new reality. Remember, as we keep rolling along, looking out at the changing landscape, chatting, and rocking to the rhythm of the rails, we are the church, and we WILL get there.

Philip Ramos



### <u>Liturgist</u> Schedule

ONLINE SERVICES ONLY FOR MAY

### **First Things First**

by Richard Lee

Part 1: I heard on Moody radio a pastor talking about how we should pray, especially in this hard time with the pandemic around us. First is not for our self but for our family, friends, and others poor and sick. We should also remember the elderly and alone like our widows and children without a family. Isolation can cause fear and depression so we need to stay in touch and see if they need anything, even a book or DVD. We have a nice library in our church!

Encourage others to use resources like YouTube on cellphones and tablets. Computers and cell phones can very useful to communicate, chat, or get a list of, what is needed. We need to pray for the health and worries of our family, friends, and church, family; to bring them to Jesus our intercessor.

Part 2: He can help even if we don't ask Him. Don't be following the news, which is mostly bad because it will make you anxious and upset. Our country, city, and world are in a state of attack by microorganisms we cannot see but are still, hazardous.

When I worked at Argonne National Lab we sometimes worked with radioactive materials, but we knew how to dress, wash up and limit our time of exposure. We could not wear our work clothes home, or our "street" clothes to the work site. We knew how to distance our self from radioactive materials and wear personal protective equipment (PPE) whenever necessary and how to keep our work areas clean and safe. We had to wear badges to monitor our exposure and I hope We will be able to wear new indicators of virus exposure soon.



#### **APRIL**

#### **HAPPY BIRTHDAY**

**April 3-Cris Kerins** 

**April 3-Erin Cliff** 

April 5-Margaret Flynn

April 6-GleeAnn Kehr

**April 7-Dave Gessner** 

April 13-Antonio Lange

April 14-Kyleigh Janovyak

April 16-Bill Price

**April 17-Amy Cheehy** 

April 20-Ellie Woytek

April 21-Bob Nelson

**April 23-Sue Hinks** 

April 26-Elizabeth Havemann

April 27-Wendy Myers

**April 28-Emily Stood** 

#### **HAPPY ANNIVERSARY**

April 20-Tom & Marge Fox April 21-Tony & Dawn Ferrazzi April 23-Stephen & Sherrill Weary



#### **MAY**

#### **HAPPY BIRTHDAY**

May 1-Andrei Talos

May 1-Charlotte Havemann

May 1-Peg Pecher

May 7- Rebecca Gebel

May 7-Debbie Belander

May 7-Don Mueggenborg

May 9-Erik Anderson

May 16-Rachael Hayes

May 17-Sonia & Chloe Vavra

May 18-Theo Nelson

May 18-Tyler Rainaldi

May 20-Chris Gessner

May 20-Sean Clark

May 20-Kristin Pelikan

May 21-Ashtyn Talos

May 22-Kayla Walter

May 26-Dave Kennedy

May 26-Bob Gergescz

May 29-Deborah Chappell

May 31-Wendy Chappell

#### **HAPPY ANNIVERSARY**

May 2-Dave & Chris Gessner May 13-Jason & Jodi Stood May 20-Tom & Rebecca Gebel

May 24-Mike & Debbie Chappell

May 29-Dave & Linda Kennedy





#### Dear Business Leader

Our Lemont community along with the rest of the world is experiencing a very difficult and challenging time. This tragedy is unlike any other our community has faced. In an attempt to help others during these difficult times, we are seeking your financial help for those in dire need.

Churches from across Lemont have partnered together to form Lemont Support. These Protestant, Catholic and Non-Denominational churches are developing and managing a fund that provides short term financial assistance to families struggling to pay their utilities bills, rent/mortgage, medical and other essential needs. In this time of economic and medical crisis our attention is on the most vulnerable and their needs. We want to help families and individuals stay mentally, physically and spiritually healthy and we need your partnership.

We are asking you to help your neighbors by contributing to this fund. Our team stands ready to receive requests, interview households and find ways to provide emotional, spiritual and financial support. Even if you can't make a large gift, know that every little bit helps.

You can make your gift to:

I CMA

13400 S. Bell Rd.

Lemont, IL 60439

We are Lemont Support and you are part of this great team. We hope that you'll consider making a donation towards this great step forward that we're making together.

Sincerely,

The Lemont Support Team

Elaina Salmon, Bethany Lutheran Church
Chris Huettl, Calvary Church
Chad De Jager, Christ Community Church
Patrick O'Connell, Community Christian Church
Hyo Sun Oh, Lemont United Methodist Church
Waldemar Stawiarski, SS. Cyril & Methodius Parish
Brian Ardagh, St. Alphonsus Catholic Church
Michael Gudgel, St. Matthew Evangelical Lutheran Church
Tim Callahan, St. Patrick Catholic Church
Dave Richa, The Table
Terri O'Neil, Hope and Friendship

#### HOPE AND FRIENDSHIP FOUNDATION

We started the ball rolling during week #1 and have met MANY needs, yet the needs "list" has been growing with the length of the work shut down.

**What can I offer?-** Fresh Food Donations- Milk; Eggs; Ground Beef, Chicken, Pork; Butter/Margarine; Bread; bags of fruit- Drop off to Gelsosomo's Pizzeria, 206 Main St., Downtown Lemont, 11am-7pm- 7 days a week.

**Gold household items**: toilet paper & every paper product (facial tissues, paper towels, paper plates, etc.); disinfectant sprays and/or wipes; personal care items (deodorant, Q-tips, razors, hair care, face care, etc.); laundry/dish detergent; furniture polish, baby/body wipes; dental care products; bars of soap or liquid soap; vegetable oil; coffee; add water rice, potatoes, noodles, etc.

**Helpful/Healthy Distractions:** Game books- word finds, Sudoku, etc., puzzles- new & sealed, bubbles/chalk, journals; drawing items and paper; deck of cards

**Gold food items:** canned meat; canned pasta/meals; juice; canned or package fruit;; pudding; granola/breakfast/protein bars; microwavable meals/items; baking mix-add water only; syrup, water (gallons or cases)

Shop from home for "gold Items" via our Amazon Link set up by Calvary https://www.amazon.com/hz/wishlist/ls/285TQBER3MHMQ/ref=cm\_go\_nav\_hz

Offer a "Plus One" meal- If you are ordering out, gift a meal to a home that would not otherwise be able to afford eating out.

**Encouraging/ Uplifting/inspirational notes-** Every single note offered has been placed into a set of hands that needs this love and light. DO NOT underestimate the power of a positive thought in a time of stress, strain and unknown. Notes from our kids are so very appreciated, yet every note lifts these struggling hearts and spirits!!!

**Gift Cards-** to any of our food stores, gas stations (Speedway has "fuel only" cards), Dollar Store, Target, Walgreens/CVS, gas cards, can be dropped off to the blue Hope and Friendship bin located at Gelsosomo's Pizzeria, 11am-7pm- 7 days a week

Where can I drop these off? Gelsosomo's Pizzeria 206 Main St. is set up to accept ALL types of donations (fresh food, personal care items, paper/cleaning products, notes and gift card/monetary donations) 11am-7pm; Drop locations for all but fresh food: Lemont Police Department in the entry way, available 24/7; Blue the Trailblazer in Terri's driveway; Village Hall entryway- 418 Main St.; State Farm Office, 160 E. Wend Suite D. Bins also available for your convenience at: 6 E. Logan; 24 W. Logan; 12473 Briarcliffe Dr.; and 413 4th St..

#### When do I need to donate by?

Today, tomorrow, any day going forward.

Wishing you peace, love and health, Terri

<u>MEANINGFUL MOMENTS WITH GOD</u>
"Pray continually; give thanks in all circumstances for this is God's will for you in Christ Jesus." 1 Thessalonians 2:17-18

Kathy Burke, cancer Ron (Mueggenborg), colon cancer Elena Winters (Miller), health issues \*The Talos Family Anna (Fries), bladder surgery Dick Draper (Stood), back/brain surgery \*Neil Janssen, strength \*Marty Knott, health issues Ron, cancer treatment \*Bev Svoboda, healing Jordyn Milinis (Pecher), crohns Lori Bartwick, breast cancer \*Sheila Farrer, health issues Joe Sigety, ALS, home \*Jason Kehr, cystic fibrosis Lou Gunder, lymphoma/chemo \*Elizabeth (Olinger), leukemia Maureen Robinson, health issues Kevin LaBlanc (Stelter), liver cancer Mike Mandziara, brain cancer Katie (Norfleet), kidney disease June (Havemann), stomach cancer Marty Rolin, nerve damage Harper (Norfleet), leukemia/home Jamie, brain aneurysm, surgery Linda, dementia Lois, stage 3 cancer Debbie Turner (Knott), psorosis David Goreham, blood disorder \*Sandra, autoimmune disease

Erv Rose (Baxter), prostate cancer Mary, stage 4 cancer Collette (Makinney), hip surgery Ron Hamelen, Alzheimer's All people with the Coronavirus Stephanie Wiley, breast cancer E.D. McCormick, cancer \*Jacob Monnett, health issues Gabrielle Blunt, Alzheimer's Jim Kratochvil, eve stroke Chuck Herron (Miller), health issues \*Seung Woo Lee, healing \*Alberta Harden, health issues \*Joyce Koon, recovering \*Joanne Goszczycki, health issues Andrew (Pecher), cancer Jim Durham, cong. heart failure Fran (McAdams), cancer/chemo Valerie O., ovarian cancer Elida Ferrazzi, rheumatoid arthritis Melanie Foster, ovarian cancer Joe Peraino, rehab \*Mary Jane Sykes, strength \*Sherrill Weary, health issues

\*Dale, Mary, Carolyn & Margaret, running Open Pantry

#### **MONTHLY BLESSINGS AND JOYS**

\*David Lange accepted at Milliken! \*Birth of Layne Elyse Pelikan!

\*Successful HH Fashion Show! \*42 Birthday Bags made for the

Open Pantry!

\*Online Services!

\*Worship Team!

\*Members calling the elderly!

\*Marge Fox Successful Surgery and

Healing!

\*Our Church Family!

#### **Coffee Fellowship TBD**

Jeff, coronavirus

\*All People Unemployed

\*All Businesses shut down



#### **Expanding Care Bear ers Ministry**

The Care Bearers are a group of people to help provide an occasional meal (home cooked or purchased) for members of our congregation who are recovering from a serious illness, birth of a baby, or the loss of a family member. Meals are only occasionally needed in our church, and it is a wonderful mission!

Alice Lange:815-838-5158 Wendy Myers: 630-257-7689

### May 2020

#### Children's Message

ONLINE **SERVICES** ONLY **FOR** MAY



### **Greeters**

ONLINE **SERVICES ONLY FOR** MAY

#### **MINISTRY OPPORTUNITIES**

For More information please contact the church office at (630) 257-5210 or ministry leaders.

#### **SMALL GROUPS**

Sr. High Youth:

Bible Study: Dale Janssen & Pastor Hyo Sun Oh

**Prayer Meeting:** TBA

ALPHA: Craig Baxter 815-685-1900 Methodist Essential: Bill Price 630-754-7667 VBS: Jodi Stood 630-243-9366 Arlene Knott 708-301-2023 The Last Supper: **Adult Sunday School:** Dale Janssen 815-485-4929

Jr. High Youth: **TBA** 

**Breakfast Club:** Mark Huegelmann 630-257-3181 Jr. High Sunday School: Mark Huegelmann 630-257-3181 Children's Sunday Sch: Mark Huegelmann 630-257-3181

Kay Norfleet 630-257-6699 **Prime Timers:** 

Joanne Goszczycki 630-257-6790

Kristin Nelson 630-257-8072

Tony Ferrazzi 815-886-4177 Men's Group:

Tim and Karin Peraino 630-846-1415 Couples:

#### **MINISTRIES WITHIN OUR CHURCH**

**Prayer Warrior:** Pastor Oh 847-769-1125 Care Bear: Alice Lange 815-838-5158 **Coffee Social:** Amy Cheehy 815-834-1097 Marge Fox 630-243-8166 Script Fundraising: CAP: Cris Kerins/Dawn Ferrazzi Audio and Visual: Jana Stelter 630-243-9122 Amy Cheehy 815-834-1097 Handyman: Landscape Team: Bill Stelter 630-243-9122 Hospitality Team: Amy Cheehy 815-834-1097 Widows Group: Richard Lee 630-257-7339 Usher Team: Mark Olinger 815-838-0660 Welcoming Team: Sue Hinks 630-257-6743 Worship Choir Sue Gergescz 815-483-7282

**Praise Band** Phil & Leslie Ramos **Junior Choir** Cris Kerins 630-257-5660

\*\*Any Other Ministry You Would Like to Start

#### **OUT-REACH MINISTRIES**

Karin Peraino 630-257-3112 Happy Hands Preschool Pantry Workday: Church Office 630-257-5210 Panera Bread: Church Office 630-257-5210 Daybreak Shelter: Vickie Olinger 815-838-0660 Worthy Treasures: Paulette Fries 815-838-6318 Kay Norfleet 630-257-6699 ESL: Steve Walter 630-783-1621 Red Bird:

\*\*Any Other Ministry You Would Like To Start

#### **Lemont United Methodist Church**

25 West Custer Lemont, Illinois 60439 Phone: 630-257-5210

**Return Service Requested** 

### NEW WINE May 2020

#### The Hindu Clinic

The Hindu Temple of Greater Chicago has offered the use of their clinic to anyone in need of medical help. The clinic is open the first Sunday of the month from 11:00 a.m. to 1:00 p.m.

Their address is 10915 Lemont Road, Lemont and their phone number is 630-972-0300.

#### **AA Meetings**

AA Meetings are held in our church Fellowship Hall on Saturday evenings at 7:30 pm. If you would like further information.

Please contact: *Pat at (815) 274-4244* 

#### **WEBSITE**

Services are being recorded almost every week thanks to Erik and volunteers. If you would like a video of a part of the service, like a baptism or someone playing a song, please contact Paul Froehle. He can copy it to a DVD or flash drive as a computer or phone readable video file.

#### United Methodist Men



#### WILL NOT MEET IN MAY

Come and join us! The Lemont United Methodist Men (UMM) will meet in Fellowship Hall at 8:00 am. Lemont UMM meets on the second Saturday of each month for breakfast.

This group is made available for the fellowship of all the men of the church and all are welcome to attend. Information about meeting dates and times are posted in the church calendar and bulletins.



For those of you that might not be aware, we DO have a FB page. Please try and visit it regularly. As time goes on we will be posting more and more.

We have reached 1,440 people through Vacation Bible School video clips and pictures! If you have not seen them please go to facebook and click LIKE.

#### facebook.com/LemontUMC

We are updating our on line service on our facebook page. It has been viewed by over a 100 people!

#### **Primetimers**



## WILL NOT MEET IN MAY

This is a group made up of adults 50 years and older. Primetimers meet monthly on the 3rd Saturday of each month at Fork and Spoon. If you have any questions, please call:

> Kay Norfleet 630-257-6699 or call the church office.