

Lemont United Methodist Church
Sunday School



Notes to Parents

Dear Parents,

January 2009

Happy New Year! Making New Year's Resolutions has become pretty easy for me; I just recycle last year's list! (Inevitably I will have failed at some point the previous year.) For example, every year I resolve: No More Yelling! Of course without an alternative and corresponding change in my children's behavior, I don't succeed. But this year might be different because Santa left us a book with some great suggestions. I highly recommend, "Have a New Kid by Friday," by Dr. Kevin Leman. In case you are also resolving to be a better parent in some way, here are some tips from the book:

- Remain calm
- Say it once, turn your back, and then walk away
- Consistently provide an immediate consequence for disobedience or disrespect... and follow-through
- Let reality be the teacher (allow natural consequences)
- Learn to respond rather than react (think first)
- Keep the end goal in mind. Don't make mountains out of molehills, but do address those issues that will matter in the long run.
- Employ the strategy, B doesn't happen until A is completed
- Give them responsibilities and age-appropriate choices
- Never do for you children what they can and should do for themselves
- Focus on your relationship with your children; talk with them; convey respect, self-worth, and love
- Help your children develop self-worth. Make sure they get acceptance, belonging, and a feeling of competence from home so they don't have to seek it elsewhere.
- Provide encouragement as opposed to just praise
(No: "Way to ace that test;" Yes: "Great job. Your studying sure paid off!")

Happy Parenting in the New Year!

Yours in Christ,

Karin Peraino & Mary Rohrer

Mark Your Calendar

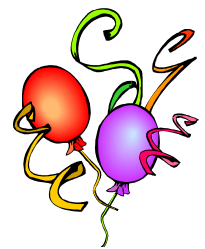
- ✓ **2/01/09** – "Souper Bowl" Sunday; Children will collect \$ for Food Pantry at 10:45 Church

Prayer Connect



*This month's theme is Guidance;
Isaiah 57:18b.*

Dear Lord,
Please guide my
children in your ways
and restore comfort
to them all their
days.



Happy New Year!

FaithWeaver

FaithWeaver Bible Curriculum – Weaving Faith Through Life!

Using FaithWeaver, teachers will teach as Jesus taught, with a variety of learning experiences and interactive discussions. All grade levels will cover the same lesson, which can make follow-up discussions easy and interesting. Take home pages will be provided to keep you informed and allow you to continue the learning at home. Lessons move chronologically through the bible—Old Testament in the Fall, New Testament in the Winter/Spring.

- ✦ **Memorable Bible Lessons:** The experiential lessons connect from church to home, moving Bible lessons beyond church walls and into people’s lives!
- ✦ **Relevant for Today—and Every Day:** Each learner, no matter the age, sees how God’s Word is relevant to their lives, then applies it every day.
- ✦ **Reinforced Bible Learning All Week Long:** The HomeConnect™ section on each student page, everyone studying the same Bible story, and Driving Home the Point take-home pages help make this happen!
- ✦ **Know How to Live Like Christ:** Participants take what they’ve learned in class and use it to shape decisions about how they live their daily lives.

Although we hope to see every student each week, we realize that schedules sometimes do not allow that. Below is a calendar of upcoming lessons so that you may review them at home with your child if he/she should have to miss.

Lesson & Date	Bible Story	<i>Scripture</i>	Key Verse	Bible Point Ages 3-5	Bible Point Grades 1-9
Winter 2009 (New Testament)					
9) 2/01	Jesus Demonstrates His Authority	Mark 1:29-39	Matthew 11:28	<i>Jesus can do anything</i>	<i>Jesus is all-powerful</i>
10) 2/08	Jesus Heals, Prays, Preaches	Mark 1:29-39	Matthew 11:28	<i>Jesus cares for us</i>	<i>Jesus cares for us</i>
11) 2/15	Jesus Calms a Storm	Mark 4:35-41	1 Peter 5:7	<i>Jesus helps us when we’re afraid</i>	<i>We should turn to Jesus when we’re afraid</i>
12) 2/22	Four Friends Help a Paralyzed Man	Mark 2:1-12	1 John 1:19	<i>Jesus forgives us</i>	<i>Jesus forgives us</i>
13) 3/01	Jesus Blesses the Children	Mark 10:13-16	Mark 10:14b	<i>You are important to Jesus</i>	<i>You are important to Jesus</i>
Spring 2009 (New Testament)					
2) 3/08	Jesus Teaches About Commitment	Mark 8:31-38	Romans 1:16	<i>I’m proud to follow Jesus</i>	<i>Following Jesus takes commitment</i>
3) 3/15	Jesus Clears Merchants from the Temple	John 2:13-22	Psalms 95:6	<i>Worship is important to God</i>	<i>God wants sincere worship</i>
4) 3/22	Jesus Explains Why God Sent Him	John 3:12-21	John 3:16	<i>Jesus came to save us</i>	<i>God sent Jesus to save us</i>
6) 3/29	People Rejoice as Jesus Enters Jerusalem	Mark 11:1-11	Philippians 2:10-11	<i>Jesus is king</i>	<i>We can honor Jesus with actions and words</i>