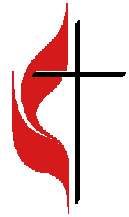




Lemont United Methodist Church
Sunday School



Notes to Parents

Dear Parents,

May 2011

A belated Happy Mother's Day and an early Happy Father's Day! These special days acknowledge our efforts as parents, but we all know that the job is a daily one. At times it is wonderfully rewarding and at other times it is very trying. I have found it especially trying when I need to discipline my children. That is not a fun part of parenting and sometimes I wish it were not necessary at all. But discipline is necessary to raise responsible children. Children need limits set and enforced in order to learn acceptable behavior. However, according to Gary Chapman and Ross Campbell in "The Five Love Languages of Children," punishment is the last method that should be used to train a child. Here are their tips to control bad behavior.

1. **Make Requests** -- Children respond better to pleasant requests than to commands. Requests provide respect and show that you expect them to take responsibility for their actions.
2. **Issue Commands** – When used sparingly, a command issued in a harsh tone can be effective when requests fail. Commands provide no room for discussion and show you are serious. But if used too frequently, commands can hurt a child and cause a negative response.
3. **Provide Gentle Physical Manipulation** – When requests fail, sometimes it is effective to physically move a child towards what you want them to do. This works especially well with young children but can be effective at any age. When "Please make your bed" doesn't work, try slinging a gentle arm around their shoulders and guiding them by saying, "Come on; let's do it together."
4. **Punish:** When all else fails, punishment can be an effect means of controlling behavior. Before issuing a punishment, think it through to make sure that the punishment fits the crime and that it will be effective for your child. The best way to do this is to determine appropriate punishments before they are needed, avoid reacting in anger, and never make punishment your primary solution. An over-punished child can become angry, withdrawn, or passive-aggressive.
5. **Employ Behavior Modification Techniques:** Using rewards and consequences can be an effective way to control behavior, especially for specific, recurring problems. However, this too should be used sparingly because it gives a child a warped sense of "What's in it for me?" and can lead to a manipulative child.

Successful behavior control uses a variety of different methods, but they should all be employed with a background of unconditional love. Often when children act out, they are testing the parent to see how loved they are. The more your children feel loved, the easier it will be to discipline them. Happy Parenting!

Yours in Christ,

Karin Peraíno & Mary Rohrer

Prayer Connect

This month's theme
is *Showing the Love
of Jesus* (John 15:12)



Dear Lord,
May my children show the
love of Jesus, loving others
as you have loved them.

Amen

Mark Your Calendar

- ✓ 5/23/11 – Last Sunday School,
Pancake Breakfast at 9:30am
- ✓ 6/13/11 & 6/17/11 – VBS

FaithWeaver

FaithWeaver Bible Curriculum – Weaving Faith Through Life!

Following is a calendar of upcoming lessons so that you may follow along with your child and review the lesson at home should he/she have to miss a week of Sunday School.

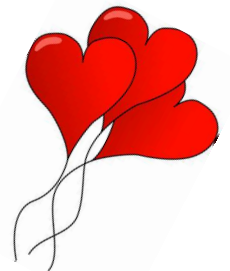
(Note: The Jr. High Class and HS Breakfast Club hold discussions based on Talksheets.)

Lesson & Date	Bible Story	Scripture	Key Verse	Bible Point Ages 3-5	Bible Point Grades 1-5
SPRING 2008 (New Testament)					
10) 5/01	Paul Explains Christians' Relationship w/ Christ	Ephesians 1:15-2:10	Ephesians 2:8-9	Paul Spreads the Good News	God's power saves us by His grace
11) 5/08	Paul Teaches About Spiritual Gifts	1 Corin. 12:4-27	Ephesians 2:10	Paul Spreads the Good News	God gives people different gifts for serving him
12) 5/15	Paul Comforts Others in a Storm	Acts 27:1-44	Titus 2:7a	Paul Spreads the Good News	Our faith in God can encourage others
13) 5/22	Paul Describes Genuine Love	1 Corin. 13:1-13	1 Corinthians 13:4-5	Paul Spreads the Good News	God teaches us how to love



Thought for the Month

"Anyone who loves to be trained loves knowledge.
Anyone who hates to be corrected is stupid."
--Proverbs 12:1



Have a great Summer!