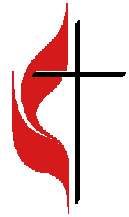




Lemont United Methodist Church  
Sunday School



# Notes to Parents

Dear Parents,

March 2012

How is your Lenten journey coming along? Is this time of year more sacred for you or is it just another religious holiday? Are you suffering through Lenten sacrifices, feeling pretty righteous in your abstention, or forgoing the whole thing?

I'll admit that I never got into "giving something up for Lent." Having grown up Methodist, I always considered that a Catholic tradition. While many of my friends were bypassing desserts, soda, and meat on Fridays, I nearly gloated that I could still indulge in whatever I wanted. But the truth of the matter was that my friends could have eaten those things too; they just chose to make a sacrifice during the Lenten season. I didn't really get it.

As an adult who has listened to numerous Ash-Wednesday sermons, I finally understand that the whole point of Lent is to prepare ourselves for Easter. In order to make this time meaningful, we should spend it doing things that will help us grow closer to God. The traditional sacrifice is one way to do that. But it only really works if you do it intentionally for that purpose, and it is not the only way to grow closer to God. This year, my daughter and I have undertaken reading a daily devotion during Lent. These devotions include a short story, scripture, and prayer designed to make us reflect and grow in our faith. If this is something that interests you, there are many devotional books available, or check out <http://devotional.upperroom.org/> for a free daily thought. Some other ideas are spending extra time in prayer, truly repenting for misdeeds, doing a daily act of kindness, and volunteering to help those in need. Or if you are giving up your daily Starbucks, how about donating the money you save to the food pantry? There are so many intentional ways that you can grow closer to God during Lent...and even though this season is already underway, it's not too late to start.

I encourage you to help your children understand the true purpose of the Lenten season and to use this time for your own spiritual growth. Happy Parenting!

Yours in Christ,  
Karín Peraíno & Mary Rohrer

**Mark Your Calendars**

- ✓ 3/25-4/01 = Spring Break; No Sunday School
- ✓ 4/08 = Easter; No Sunday School  
Easter Egg Hunt at 10am

**Prayer Connect**

*This month's theme is  
Hope of Eternal Life  
(Ephesians 1:18a)*



Dear Lord,  
May my children be  
enlightened in order that  
they may know the hope to  
which you have called  
them, the riches of your  
glorious inheritance.

Amen

**Thank you!** Our "Souper Bowl" collection raised \$86.50 for the Open Pantry.



# Rock Solid

Classes K-6 are using the Rock Solid curriculum. Check it out on [www.iamrocksolid.com](http://www.iamrocksolid.com).

## Spring 2012

Date	Bible Story	Bible Point	Scripture	Key Verses
3/04	The 10 Lepers	<b><i>We should give thanks for all that God has done.</i></b>	Luke 17:11-19	<i>I give thanks to you with all my heart, LORD.</i>
3/11	The Last Supper	<b><i>We remember Jesus when we take Holy Communion.</i></b>	Luke 22:7-20	<i>Do this in remembrance of me</i>
3/18	Jesus prays to God in the Garden	<b><i>Prayer helps us know what God wants us to do.</i></b>	Matthew 26:36-50	<i>... not my will but your will must be done</i>
4/15	Three on the Road to Emmaeus	<b><i>Jesus is Alive!</i></b>	Luke 24:13-35	<i>The LORD really has risen!</i>
4/22	Breakfast on the Beach	<b><i>It's our turn to continue Jesus' work</i></b>	John 21:1-19	<i>Take care of my sheep</i>
4/29	The Great Commission	<b><i>Christians should share the good news that Jesus lives!</i></b>	Matthew 28:16-20	<i>Go and make disciples of all nations</i>

(Note: For Spring, the Jr. High lessons correspond to the confirmation curriculum, Claim the Name. HS Breakfast Club hold discussions based on Talksheets.)



## Thought for the Month

"Those that are planted in the house of the LORD shall flourish in the courts of our God."

~Psalm 92:13