



Lemont United Methodist Church Sunday School



Notes to Parents

Dear Parents,

January 2014

Happy New Year! Experts say that some of the best ways to keep your New Years Resolutions are to make them public and to reward your successes. So here's an idea to kick off this new year...how about making a resolution along with your children, and then sharing your successes with each other each day? If this appeals to you, here are some resolutions that work for both young and old...pick one and tailor it to your own situation.

✓ **Be a good Christian role model**

"Let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven." ~Matthew 5:16

✓ **Every day, be nice to someone who needs it**

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me." ~Matthew 25:40

✓ **Eat healthy...eat at least one fruit & vegetable each day**

"Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God?" ~1 Corinthians 6:19

✓ **Do a physical activity that you enjoy every day**

"People who work hard sleep well, whether they eat little or much. But the rich seldom get a good night's sleep." ~Ecclesiastes 5:12

✓ **Find a constructive way to deal with anger**

"A fool gives vent to his anger, but a wise man keeps himself under control" ~Proverbs 29:11

✓ **Forgive others** *"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." ~Ephesians 4:32*

✓ **Think positively...replace "I can't" with "I can"**

"A joyful heart is good medicine, but a crushed spirit dries up the bones." ~Proverbs 17:22

✓ **When faced with difficult decisions, pray to God and talk it over with trusted adult**

*"Trust in the LORD with all your heart, and do not lean on your own understanding."
~Proverbs 3:5*

And of course, go into this know that we are all human...when you or your children slip up, just get over it and get back on track! Happy Parenting!

Yours in Christ,

Karin Peraino & Mary Rohrer

Mark Your Calendar

✓ **01/12** = Sunday School resumes!

✓ **02/02** = "Souper Bowl" Sunday collection

Prayer Connect

*This month's theme
is **Undivided Heart**
(Psalm 86:11)*



Dear Lord,

Teach my children your way so that they may walk in your truth.

Give them undivided hearts, that they may fear your name.

Amen

January Open Pantry Need:

Spaghetti and Sauce



GROW



Winter 2013-14

Teacher	Date	Session	Bible Story	Scripture
Unit 2: The Life of Jesus Bible Point: My faith in God grows as I grow Key Verse: "Jesus matured in wisdom and years, and in favor with God and with people" ~ Luke 2:52				
	1/12	1	<i>The Wise Men</i>	Matthew 2:1-12
	1/19	2	<i>Jesus at the Temple</i>	Luke 2:39-52
	1/26	3	<i>Jesus' Baptism</i>	Mark 1:4-11
Unit 3: Jesus' Ministry Bible Point: I know that God sent Jesus to teach me how to live Key Verse: "We know that God has sent you to teach us. You could not work these miracles, unless God were with you." ~ John 3:2				
	2/09	1	<i>Jesus Calls Fishermen</i>	Luke 5:1-11
	2/16	2	<i>Jesus Heals Peter's Mother-in-law</i>	Matthew 8:14-17
	2/23	3	<i>Jesus Teaches the Beatitudes</i>	Matthew 5:3-12

(Note: Jr. High is watching and discussing "The Bible" miniseries.
 This month we review stories about Jesus' birth and ministry.
 The HS Breakfast Club holds discussions based on various religious materials.)

Breakfast Club dates: 1/12/14, 2/02/14, 2/23/14, 3/09/14, 3/23/14, 4/13/14, 4/27/14, 5/11/15

Thought for the Month



"Therefore, if anyone is in Christ, he is a new creation.
 The old has passed away; behold, the new has come."
 ~2 Corinthians 5:17

Kidz Korner



Happy January Birthday to our Sunday School friends!
Abby Cliff 1/2 Zoe Jackson 1/6
Shelby Fox 1/30



New Year's Eve Double Puzzle

(Unscramble these words and then find the hidden clue)

New Years Eve Double Puzzle
by Holiday-Party-Decorations.com

TULCREU
8

SEWKORFIR
5

SENIIO
4

TIGLH
6 7

TYCI

LBICPU
2

LYMFAI
1

SERFIND
3

EYRA

1 2 3 4 5 6 7 8

Did You Know?

People have been celebrating the beginning of a new year for over 4,000 years! In 46 BC, Julius Caesar established January 1st as the start of the new year. Then in medieval times, early Christian leaders tried to change the calendar so the year would begin on December 25th, the day of Jesus' birth. But in 1582, Pope Gregory XIII ended the confusion by declaring January 1st as the official start of the new year.

