



Lemont United Methodist Church
Sunday School



Notes to Parents

Dear Parents,

November 2014

November is the month dedicated to counting our blessings. With Thanksgiving right around the corner, we tend to adopt an attitude of gratitude and begin to reflect on all we have been given. With that in mind, I'd like to share with you an exercise that I've been doing since January. On New Years Day, I noticed that many people began posting a Daily Gratitude on Facebook. I liked the idea and decided to embark on my own "365 days of Gratitude." I skipped the daily posting but I have been recording a Daily Gratitude now for over 300 days!

Here are some of my observations. Initially I was overwhelmed with all of my blessings and it was hard for me to pick just one a day. While I continue to have days like that, there have also been more challenging days when it's a little harder to identify something. These are the days that force me to look a little closer at all I take for granted. In doing so, I have discovered that there is truth to the saying by Alice Morse Earle, "Every day may not be good, but there is something good in every day." In many different ways, I am grateful for life, health, people, nature, creature comforts, opportunities, and acts of kindness. I am also grateful for less obvious things like our library, my glasses, water, music, scripture, smiles, silliness, and memories. And of course, I am grateful for freedom, forgiveness, love, hope, and answered prayers. But mostly I am grateful for God, for I know that without his grace, I would have none of these things.

During this month, consider taking a moment each day to identify a Daily Gratitude. If you write them down, you will be able to reflect back at the end of the month and realize how truly blessed we are! Anyone can do this, young or old, so it's something that you can share with your children too. I've found that thinking about my blessings every day makes me a little more positive and appreciative ... every day.

Happy Parenting! Have a wonderful Thanksgiving!

Yours in Christ,
Karin Peraíno



Mark Your Calendar

- ✓ 11/30 = Church decorating party after 10:45 service
- ✓ 12/07 = No Sunday School (combined church service);
Chrismon tree decorating at the 9:30am service

Come Join Us!

Prayer Connect

*This month's
theme is **Faith**
(Philippians
4:12-13)*



Dear Lord,
I pray that faith will
find root and grow in
my children's hearts,
that by faith they may
gain what has been
promised to them.

Amen

GROW



You can learn more about our curriculum at www.growproclaimserve.com.

One Room Sunday School Schedule 2013-2014 (GROW Curriculum)

Teacher	Helper	Date	Session	Bible Story	Scripture
Fall 2014					
Unit 3: Hope for God's People					
Bible Point: I am part of God's plan for the future					
Key Verse: "I know the plans I have in mind for you, declares the Lord." ~ Jeremiah 29:11					
		11/02	9	Joseph & his Brothers	Genesis 37
		11/09	10	Joseph in Egypt	Genesis 39-40
		11/16	11	Joseph Saves the Day	Genesis 41
		11/23	12	Reunited	Genesis 42-46
Winter 2014-15					
Unit 1: Hope is Born					
Bible Point: Jesus was born to bring us Hope					
Key Verse: "The virgin will conceive and give birth to a son, and they will call him Immanuel" (God with us) ~Matthew 1:23					
		11/30	1	Mary & Joseph	
		12/14	3	The Birth of Jesus	

(Note: Jr. High is watching & discussing the movie, "Heaven is for Real;"
HS Breakfast Club holds discussions based on various religious materials.)

Breakfast Club Dates: 11/16, 12/14, 1/11, 1/25, 2/08, 2/22, 3/08, 3/22, 4/19, 5/03, 5/17

Thoughts for the Month

"This is the day that the Lord has made.

Let us rejoice and be glad in it."

~Psalms 118:24

"When it comes to life, the critical thing is whether you take things for granted or take them with gratitude."

~Gilbert K. Chesterton



Kidz Korner



Happy October Birthdays
to our Sunday School friends!

Sydney Nelson 11/05; Nina Risatti 11/17;
Olivia Nelson 11/23; Emily Ivancicts 11/30



"Oh give thanks to the LORD, for he is good, for his steadfast love endures forever." ~ 1 Chronicles 16:34

Did You Know?

Thanksgiving was declared a national holiday in 1863 by President Lincoln. Before then, people would regularly set aside days to give thanks to God... Whenever they had a good harvest, survived a harsh winter, repelled an Indian attack, or a supply ship arrived safely from Europe, etc.

Although 91% of Americans eat turkey on Thanksgiving, it probably wasn't served at the original feast. Records show that the Pilgrims ate deer, various types of fowl, corn, cod, bass, and other fish.

And of course, they praised God as noted in this original account, "Thus they found the Lord to be with them in all their ways and to bless their outgoings and incomings."

HAPPY THANKSGIVING WORD SEARCH

P	C	O	W	X	Y	W	O	C	O	W	X	Y	W	W
U	H	K	E	A	U	L	U	F	K	N	A	H	T	E
M	V	O	I	S	T	U	F	F	I	N	G	F	D	D
P	M	J	L	W	M	C	K	Y	J	T	W	A	C	B
K	T	A	U	I	K	N	J	T	G	U	D	M	N	R
I	N	M	H	C	D	G	M	U	M	Y	E	I	G	E
N	R	V	I	E	O	A	H	R	V	I	E	L	J	A
Q	E	B	O	R	L	D	Y	K	P	O	R	Y	D	D
F	R	I	E	N	D	S	A	E	I	P	F	P	K	D
S	Q	U	L	B	L	L	S	Y	U	L	B	L	L	O
W	A	Y	G	S	E	O	T	A	T	O	P	A	O	O
X	S	A	L	A	D	I	X	S	T	K	G	Q	I	F
D	Y	A	M	A	D	S	D	D	R	M	B	Z	U	U
F	L	T	H	A	N	K	S	G	I	V	I	N	G	Y
G	P	Q	C	H	S	E	L	B	A	T	E	G	E	V

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

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|-----------------|-------------|-------------|----------------|
| 1. THANKSGIVING | 5. THANKFUL | 9. STUFFING | 13. PUMPKIN |
| 2. HOLIDAY | 6. FOOD | 10. SALAD | 14. PIE |
| 3. FAMILY | 7. TURKEY | 11. BREAD | 15. VEGETABLES |
| 4. FRIENDS | 8. POTATOES | 12. YAM | 16. HAM |

Puzzle from nierocks.areavoices.com