



**10<sup>th</sup> ANNUAL**

**Run with the Nuns 5K**

**Sunday, October 13, 2024 9:00 AM**

**13860 Main St. Lemont, IL.**

**[www.runwiththenuns.org](http://www.runwiththenuns.org)**

**Early Bird Adult Discount of 10% until  
August 15<sup>th</sup> to celebrate our 10<sup>th</sup> Race.**

- Runners and walkers are welcome!
- Picturesque scenery through natural hills and wooded areas.
- Challenging all terrain course.
- Participants receive a medal and long sleeve performance shirt.
- **VIRTUAL RACE OPTION** for those who can't be there.
- \$50.00 adults. \$20.00 children 12 and under with parent.
- **SPONSORS, DONORS, and VOLUNTEERS NEEDED.** Contact Carrie Peters [carriepeters2@sbcglobal.net](mailto:carriepeters2@sbcglobal.net) or 630-257-7844 ext. 223.

Proceeds support the ministries of the Sisters of St. Francis at Mt. Assisi. Run on your own or walk the course with the Sisters. Bring the whole family!